

EXTENDED PATIENT INFORMATION

NAME: _____

CLINIC: _____

PRIMARY EMAIL ADDRESS: _____

DATE: _____

Please circle the source below that brought you in TODAY (please just circle one)		If you have ALSO heard about Transformations from an additional source, please circle <i>one</i> below.
SAW OUR SIGN DRIVING BY RECEIVED A GUEST PASS (from a friend or any other source) A FRIEND FOUND US SEARCHING ON THE INTERNET RECEIVED AN EMAIL ABOUT US SAW OUR AD ON ANOTHER WEB SITE A NEWSPAPER AD(S) YELLOW PAGE AD(S) A MAGAZINE AD(S) A RADIO AD(S) A TV AD(S) A DOCTOR TOLD YOU ABOUT US		SAW OUR SIGN DRIVING BY RECEIVED A GUEST PASS (From a friend or any other source) A FRIEND FOUND US SEARCHING ON THE INTERNET RECEIVED AN EMAIL ABOUT US SAW OUR AD ON ANOTHER WEB SITE A NEWSPAPER AD(S) YELLOW PAGE AD(S) A MAGAZINE AD(S) A RADIO AD(S) A TV AD(S) A DOCTOR TOLD YOU ABOUT US
OTHER/CLARIFY (if possible, please indicate the event, occasion, specific radio, tv, email ad, or physician name): _____ _____		OTHER/CLARIFY (if possible, please indicate the event, occasion, specific radio, tv, email ad, or physician name): _____ _____

A FEW QUESTIONS THAT WILL HELP TRANSFORMATIONS PROVIDE YOU BETTER SERVICES & OFFERS

1) Do you exercise? *IF YES*, where? home gym ____ health club ____ fitness video ____ other ____
IF NO, are interested in starting to exercise at this time? Y ____ N ____

2) What is motivating you most to lose weight? Health ____ Feel Different ____ Look Different? ____
 Upcoming Event ____ Fit Into Clothes ____

3) What is your biggest hurdle to losing weight? Eating poorly ____ Don't know what/how to eat? ____
 Lack of Exercise ____ Unable to stay on a diet ("willpower") ____ Don't know ____

4) Have you tried any other weight loss programs? Y ____ N ____ *IF YES*, with what organization/company? _____

5) Have you tried and/or using any other weight loss products? Y ____ N ____

6) Which one do you use most to search online? Yahoo ____ Google ____ Bing ____ Ask.com ____

7) How far do you have to drive to this clinic's location? 1 mile ____ 3 ____ 5 ____ 10 ____ 10+ ____

8) What radio station(s) do you listen to? _____

ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

Notice to Patient:

We are required to provide you with a copy of our Notice of Privacy Practices, which states how we may use and/or disclose your health information. Please sign this form to acknowledge receipt of the Notice. You may refuse to sign this acknowledgement, if you wish.

I acknowledge that I have received a copy of this office's Notice of Privacy Practices.

Please print your name here

Signature

Date

FOR OFFICE USE ONLY

We have made every effort to obtain written acknowledgment of receipt of our Notice of Privacy from this patient but it could not be obtained because:

- The patient refused to sign.
- Due to an emergency situation it was not possible to obtain an acknowledgement.
- We weren't able to communicate with the patient.
- Other *(Please provide specific details)*

Employee signature

Date

AUTHORIZATION FOR DISCLOSURE OF PROTECTED HEALTH INFORMATION

I AUTHORIZE THE USE / DISCLOSURE OF HEALTH INFORMATION ABOUT ME AS DESCRIBED BELOW.

Patient Name:

Patient's Date of Birth:

Patient's SSN:

A. Person(s) or Organization(s) authorized to provide the information:

Transformations Medical Weight Loss Lake Mary Lee Road Oviedo Kissimmee Metro West Clermont Melbourne

B. Person(s) or Organization(s) authorized to receive the information:

Transformations Medical Weight Loss Lake Mary Lee Road Oviedo Kissimmee Metro West Clermont Melbourne

C. Specific description of the information that may be used or disclosed (including date(s))

Lab results, weight, blood pressure, measurement records, medication as requested by myself for all dates treated

D. Specific description of how the information will be used:

Personal records to track weight loss

:

- 1) I understand that this authorization will **expire** on _____.
- 2) I understand that I may **revoke** this authorization (except to the extent that action was already taken in reliance on this signed authorization) at any time by notifying Transformations Medical Weight Loss in writing.
- 3) I understand that I can **refuse to sign** this authorization and that my refusal will not affect my ability to obtain treatment, payment or my eligibility for benefits (if applicable).
- 4) I may **inspect or copy** any information used or disclosed under this agreement.
- 5) I understand that if the person or organization that receives the information is not a health care provider or plan covered by federal privacy regulations, the information described above may be redisclosed and would no longer be protected by these regulations.

Patient's Signature or Patient's Representative

Date

Printed Name of Patient's Representative

Relationship to Patient

NOTE:
 You have the right to know specifically what information you are authorizing for release (e.g., "results of a lab test performed on 1/4/03" or, if your entire medical record is included, "all health information."
 You have the right to know the name(s) or other identification of the person(s) or organization(s) authorized to release the information (e.g., the names of your health care provider(s)).
 You have the right to know who is going to use it and what it is going to be used for. (e.g., John Smith, PhD / Research).

YOU HAVE THE RIGHT TO RECEIVE A COPY OF THIS FORM

HEALTH QUESTIONNAIRE

377 (03-2015)

NAME	AGE	HEIGHT	DATE
ADDRESS	WEIGHT	PHONE	

HISTORY OF PAST ILLNESS: Childhood				Yes	No
Have you had?	Yes	No	Have you had?	Yes	No
Measles			Rheumatic fever or heart disease		
Mumps			Tuberculosis		
Chicken Pox			Venereal Disease		
Diabetes			Congenital Abnormalities		
Strokes			Other Serious Diseases:		
Cancer					

HISTORY OF PAST ILLNESS: Adult			Yes	No
Have you had any serious illnesses?				
Have you ever been hospitalized or been under medical care for very long?				
If Yes, for what reason?				

HISTORY OF PAST ILLNESS: Operations			Yes	No
Have you had any surgery?				
If Yes, Please List:				

HISTORY OF PAST ILLNESS: Injuries			Yes	No
Have you had any broken bones?				
Have you had any head concussions or injuries?				
Have you ever been knocked unconscious?				

FAMILY HISTORY						Yes	No
If Living:	Age	Health	If Deceased:	Age (at death) & Cause	Has any blood relatives ever had:		
Father					Cancer		
Mother					Tuberculosis		
Brother/Sister					Diabetes		
					Heart Trouble		
					High blood pressure		
Husband/Wife					Stroke		
Son/Daughter					Convulsions		
					Suicide		
					Insanity		
					Bleeding tendency		
					Gout or other arthritis		

SOCIAL HISTORY					
Circle One:					
Alcoholic Beverages:	Never	Rarely	Moderately	Daily	Ever?
Tobacco:	Cigarettes _____ packs a day		Don't smoke	Ever smoked?	
Are you exposed to fumes, dusts, or solvents?					

SYSTEMIC REVIEW:				Yes	No
Do you have any of the following:	Yes	No	Head-Eyes-Ears-Nose-Throat (cont d):		
General:			Headaches		
Recent weight change?			Glaucoma		
Have you been in good general health most of your life?			Itching eyes or nose		
Skin:			Sneezing or runny nose		
Skin Disease			Nosebleeds		
Jaundice			Chronic sinus trouble		
Hives, eczema or rash			Ear disease		
Frequent infection or boils			Impaired hearing		
Abnormal pigmentation			Dizziness or short term episodes of unconsciousness		
Head-Eyes-Ears-Nose-Throat:			Neck:		
Eye disease or injury?			Stiffness		
Do you wear glasses?			Thyroid trouble		
Double vision			Enlarged glands		

HEALTH QUESTIONNAIRE

SYSTEMIC REVIEW (cont'd)	Yes	No	SYSTEMIC REVIEW (cont'd)	Yes	No
Respiratory:			Gynecological:		
URI (cold) now			Age periods started:		
Spitting up blood			How long do periods last? days		
Chronic or frequent cough			Number of pregnancies		
Asthma or Wheezing			Number of miscarriages		
Difficulty breathing			Date of last cancer smear and results		
Any trouble with lungs					
Pleurisy or Pneumonia			Frequency of periods, every days.		
Cardiovascular:			Any pain with your periods		
Chest pain or angina pectoris			Number of children Ages		
Shortness of breath with walking or lying down					
Difficulty walking two blocks			Date of first day of last period		
Heart trouble or heart attacks			Musculo-skeletal:		
High blood pressure			Varicose veins		
Swelling of hands, feet, or ankles			weakness of muscles or joints		
Awakening in the night smothering			Any difficulty walking		
Heart murmur			Any pain in calves or buttocks on walking		
Gastrointestinal:			relieved by rest?		
Peptic ulcer (stomach or duodenal)			Neuro-Psychiatric:		
Vomiting blood or food			Have you ever had psychiatric care?		
Gallbladder disease			Have you been advised to see a psychiatrist?		
Liver trouble			Do you ever have, or have had, fainting spells?		
Hepatitis			Convulsions		
Painful bowel movement			Paralysis		
Bleeding with bowel movements			Hematologic:		
Black stools			Are you slow to heal after cuts?		
Hemorrhoids or piles			Blood disease		
Recent change in bowel habits			Anemia		
Frequent diarrhea			Phlebitis		
Heartburn or indigestion			Have you had difficulty with bleeding excessively		
Cramping or pain in the abdomen			after tooth extraction or surgery?		
Does food stick in your throat			Have you had abnormal bruising bleeding?		
Genitourinary:			Allergic:		
Loss of urine			Any allergies, including medication		
Frequent urination			Endocrine:		
Night time urinating			Thyroid disease		
Burning or painful urination			Hormone therapy		
Blood in urine			Any change in hat or glove size		
Kidney trouble			Any change in hair growth		
Kidney stones			Have you become colder than before or		
Bright's Disease			skin become dryer?		

ALLERGIES AND SENSITIVITIES

1. Is there a history of skin reactions or other adverse reaction or sickness following injection or oral administration of:					
	Yes	No	List other known allergies.		
Penicillin or other antibiotics					
Morphine, Codeine, Demerol, or other narcotics					
Novocain or other anesthetics					
Aspirin, empirin or other pain remedies			Have you ever received treatment for:	Yes	No
Sulfa drugs			Asthma		
Tetanus antitoxin or other serums			Rheumatism		
Adhesive tape			Rheumatic Fever		
Iodine or merthiolate					
Any other drug or medication					
Any foods, such as egg, milk, or chocolate					
2. Drugs Recently Taken: Within the past 6 months					
	Yes	No		Yes	No
Cortisone			Hypertensive (high blood pressure medicines)		
ACTH			Aspirin		
Anticoagulants					
Tranquilizers					

Source of information, if other than patient: _____

Signature of person acquiring this information: _____

Physician

Date

Signature of patient

PATIENT CONSENT AND DECLARATION FORM FOR WEIGHT CONTROL TREATMENT

Initial

1. _____ I hereby give consent to the physician(s) to render treatment for obesity and/or weight control, and said physician(s) has my permission to prescribe weight loss medication and injections of *Human Chorionic Gonadotropin* (hCG).
2. _____ I thoroughly understand Transformations weight control program and the procedures, and am fully aware that no guarantee or assurance has been given to me, as to the results which may be obtained from the weight loss program.
3. _____ I understand the physician(s) has given his/her permission for my participation in the weight control program; based solely on the medical history and background information I have provided, which I deem to be true and accurate.
4. _____ I assume all risk and responsibility and voluntarily release the mentioned physician(s), and his/her staff, from all claims that may be associated with Transformations weight loss program, with the exception of those attributable to negligence.
5. _____ I have been informed and am fully aware that the use of hCG (Human Chorionic Gonadotropin) by injection has the possibility to aggravate fibrocystic disease of the breast. Being fully informed and aware of this possibility, I elect to utilize the 125 units of hCG for my weight loss program.
6. _____ I have been informed and am fully aware that if I have a medical history of **uterine fibroids**, and/or **ovarian cysts** (female); or of **Prostatitis** (male), that the use of hCG (Human Chorionic Gonadotropin) by injection may be contra-indicated in my weight loss treatment.
7. _____ I have been informed and am fully aware, that the use of hCG has the potential to stimulate the production of estrogen (female), which in rare instances, may be inducible to pregnancy and/or multiple births.
8. _____ I have been informed and am fully aware that I can ***not*** be pregnant throughout the course of my medical weight control treatment, and that I should ***continue*** contraceptive practices.
9. _____ I have been informed and am fully aware that this prescription may be filled at any pharmacy or in this practitioner's office.
10. _____ I am fully aware and understand there is lack of scientific data regarding the potential danger of long-term use of combination weight loss treatments, and have been advised of the potential benefits versus the potential risks of such weight loss treatment.
11. _____ I understand my continuing to receive the appetite suppressants will be dependent on my progress in weight reduction.
12. _____ I am fully aware and understand that the need for dietary intervention, and physical exercise, should be a part of any weight loss regimen.
13. _____ I am suicidal.
 YES NO
14. _____ I am on probation or parole at this time.
 YES NO
15. _____ I am on a drug testing program or Methadone program.
 YES NO
16. _____ I will take medications prescribed only as directed.
 YES NO

17. _____ I am not receiving treatment for any condition or prescriptions from any other doctors, except as stated below.

_____	_____
_____	_____
_____	_____

(Doctor's name/address)

(Rx, medications)

18. _____ I have been truthful to Transformations Medical Weight Loss and the physician(s) about my medical and/or emotional problems.

YES

NO

_____ (patient's legal name)
_____ (date)

_____ (witnessed by)
_____ (date)

CHILD PROOF CONTAINERS

I am requesting that Transformations Medical Weight Loss **NOT** provide a child proof container with my medication.

I have been given a child proof container. All medicine should stay inside the Transformations labeled prescription bag, all of which should stay inside the child proof container.

Pt. received: _____ (staff initial)

Date: _____

(Signature of Patient)

(date)

DISCLAIMER

I am not currently being treated with any cardiac medications or serotonergic agents, including but not limited to: Fenfluramine, Dexfenfluramine, Phentermine (appetite suppressants), or over-the-counter weight loss medication, and/or herbal products, or any one of the Selective Serotonin Reuptake Inhibitors (SSRI's), or Monomamine Oxidase Inhibitors (MAOI's) for depression, or any of but not limited to, the medications listed below.

- Prozac
- Zoloft
- Paxil
- Serzone
- Ludiomil
- Sinequan
- Vivactil
- St. John's Wort (herbal)
- **Cardiac Medications:** _____
- Effexor
- Luvox
- Eldepryl
- Nardil
- Adapin
- Surmontil
- Anafranil
- Satiete (herbal)
- Parnate
- Desyrel
- Remeron
- Wellbutrin
- Asendin
- Tofranil
- Zyban
- Celexa
- Elavil
- Etrafon
- Limbitrol
- Norpramin
- Pamelor
- Triavil

Should I fail to inform Transformations or the physician(s), of the use and/or treatment with a Serotonergic agent (SSRI), or Monomamine Oxidase Inhibitor (MAOI), or any cardiac medication(s) while participating in the program, I assume all risks and hold Transformations Medical Weight Loss and the physician(s), harmless from all claims associated with my use of any of, but not limited to, the medication(s) listed above. I have carefully read and fully understand all of the above information and declare it to be true and accurate.

(patient's legal name)

(witnessed by)

(date)

Please check box if **currently** being treated with classes of medication mentioned.

(patient initial)

Female: I do not currently, nor in the past five years, have a medical history of uterine fibroids and/or ovarian cysts. I have no current or past medical history of polycystic ovarian disease. **Male:** I do not have a medical history of Prostatitis. Should I fail to inform Transformations Medical Weight Loss or the physician(s) of a prior history, or an unknown history of the above mentioned condition(s), I assume all risk and hold Transformations Medical Weight Loss harmless from any, and or all claims, associated with my use of HCG (Human Chorionic Gonadotropin). I have carefully read and fully understand all of the above information, and declare it to be true and accurate.

(patient's legal name)

(witnessed by)

(date)

Please check box if patient **currently** has, or in the past five years has had uterine fibroids, ovarian cysts and/or polycystic ovarian disease. (**Female**); or Prostatitis (**Male**).

(patient initial)

*Note: The information contained in this disclaimer form is not intended to cover all drug interactions. This information is generalized and is not intended as specific medical advice. Always consult with your physician before taking any types of medication.

MEDICATION ADVISORY FORM

The staff at Transformations hopes your experience with us will be pleasant as well as rewarding. To ensure your experience with us is pleasant, we want you to be aware there are several side effects and/or reactions to appetite suppressants. There is a possibility you may **not experience any** of these listed, however, the most typical or **more commonly** experienced side effects with using appetite suppressants are:

- dryness of the mouth
- unpleasant taste
- occasional headaches
- diarrhea and/or constipation
- sleeplessness

POSSIBLE SIDE EFFECTS

Appetite Suppressants: The medication may cause restlessness, dizziness, tremors, headaches, and/or depression. When taken as prescribed there are **rarely** any psychotic episodes. In some cases a patient **may** experience blood pressure elevation (our nursing staff will be monitoring this for you), rapid heart beat and/or pounding in the chest. The less common, but possible risks are: primary pulmonary hypertension and valvular heart disease. These and other possible risks could be serious or fatal. **Important: Doctors and Anesthesiologists require different lengths of time off different medications prior to surgery. In order to avoid any possible delay in your surgery, go off all medications from Transformations at least two weeks before your surgical date.**

How To Use This Medicine: Follow the directions for using this medicine provided by your Doctor. This medication may be taken with food. If you are using this medication on a regular basis and happen to miss a dose, take it as soon as possible. If it is almost time for your next dose, “skip” the missed dose and go back to your regular dosing schedule. **DO NOT** take two (2) doses at once. **Cautions:** When taking this medicine **alone** or with **other medicine(s)** and/or **alcohol**, avoid activities that require alertness and/or good Psychomotor coordination as it may affect your ability to drive and/or operate equipment, or perform other potentially dangerous tasks. **BEFORE YOU BEGIN TAKING ANY NEW MEDICINE** either prescription or over-the-counter, check with your Doctor or Pharmacist. If you are pregnant and/or will be nursing an infant **DO NOT** use this medication.

HCG: There may be some side effects to the HCG (Human Chorionic Gonadotropin). Below are several possible side effects to the injections. The more typical or **most commonly experienced** are: tenderness of the breasts, disruption in menstrual cycles (i.e. early onset or delayed - usually one week), and occasionally slight bruising at the injection site. The use of HCG has the potential to stimulate the production of estrogen which, in rare instances, may be inducible to pregnancy and/or multiple births. Other possibilities not generally seen which may occur in **male** patients are: tenderness in the groin, and/or aggravation to the prostate gland (if there is a continued history of prostatitis).

Possible adverse reactions which **may** occur include headache, irritability, restlessness, depression, fatigue, edema, precocious puberty, gynecomastia, and pain at the site of injection. Hypersensitivity reactions both localized and systemic in nature, including erythema, urticaria, rash, angioedema, dyspnea, and shortness of breath, have been reported. The relationship of these allergic-like events to the polypeptide hormone or the diluent containing benzyl alcohol is not clear. **Cautions:** If you are pregnant and/or will be nursing an infant **DO NOT** take this medication.

PLEASE DO NOT WAIT until your next visit to report these or any other side effects you may be experiencing to our nursing staff. Due to a wide variety of choices with selecting both the medication and strength, we can almost always help you become more comfortable.

I have carefully read and fully understand all the above information, and acknowledge the possibility of all risks with using the medications, and/or injections, in this program. I therefore assume all risks, and hold Transformations Medical Weight Loss and the physicians(s), harmless to any, and/or all, reactions or side-effects experienced while taking any, and/or all, of said medications.

(patient's legal name)

(date)

(witnessed by)

(date)

METABOLIC ENHANCER DISCLAIMER

I have been informed and am fully aware that I can not take Metabolic Enhancer if I have any of the following conditions.

- High Blood Pressure
- Cardiovascular Disease
- Arrhythmias
- Diabetes
- Prostatic Hypertrophy
- Glaucoma
- Hyperthyroidism
- Psychosis
- Thyroid Disease
- Pregnant or Lactating

I have been informed and am fully aware that:

1. I can not take Metabolic Enhancer on the same day as Metabolic Enhancer Free.
2. I must inform Transformations and the Physician if I am now taking, or begin to take, asthma medications, appetite suppressing drugs, anti-depressants, or cardiovascular medication.
3. Caffeine intake is not recommended while taking the Metabolic Enhancer product.
4. I must be at least 18 years of age to take this product.
5. If allergic symptoms and/or reactions develop, I am to discontinue use.
6. This product contains Phenylalanine.
7. **Do not** take products containing Ephedra or Ma Huang in conjunction with Metabolic Enhancer.
8. **Do not** take Metabolic Enhancer if allergic to aspirin.

I acknowledge that I have carefully read and fully understand all of the above information. I assume sole responsibility and hold Transformations Medical Weight Loss harmless for any, and/or all, reactions or side effects that may be experienced while taking the Metabolic Enhancer product.

(patient's legal name)

(date)

(witnessed by)

(date)

METABOLIC ENHANCER FREE DISCLAIMER

I have been informed and am fully aware that I can not take Metabolic Enhancer Free if I am taking any Monoamine Oxidase Inhibitors (MAOI's) for depression or anxiety (for example: Eldepryl, Parnate, Nardil), or if I have any one of the following conditions.

- Hyperthyroidism
- Psychosis
- Parkinson's Disease
- Pregnant or Lactating

I have been informed and am fully aware that:

1. I can not take Metabolic Enhancer Free on the same day as Metabolic Enhancer.
2. I must inform Transformations and the Physician if I have hypertension, heart disease, arrhythmias, prostatic hypertrophy, glaucoma, liver disease, renal disease, or diabetes.
3. I will inform Transformations and the Physician if I am now taking, or begin to take, appetite suppressants or cardiovascular medication.
4. Caffeine intake is not recommended while consuming this product.
5. If allergic symptoms and/or reactions develop, I am to discontinue use.
6. I must be at least 18 years of age to take this product.
7. **Do not** take products containing Ephedra or Ma Huang in conjunction with Metabolic Enhancer Free.

I acknowledge that I have carefully read and fully understand all of the above information. I assume sole responsibility and hold Transformations Medical Weight Loss harmless for any, and/or all, reactions or side effects that may be experienced while taking the Metabolic Enhancer Free product.

(patient's legal name)

(date)

(witnessed by)

(date)

B-12 INJECTION DISCLAIMER

I have been informed and am fully aware that I can not take B-12 injections if I have Leber's Disease (disease of the nerve that is responsible for vision).

I have been informed and am fully aware that:

1. B-12 injection side effects and/or reactions may cause itching, rash, bumps, redness of the skin and/or mild discomfort at the injection site.
2. B-12 injection side effects and/or reactions may cause blood clots which can cause leg cramps, difficulty breathing, and/or stroke. If you have a history of blood clots, smoking and/or use oral contraceptives, you can be at an increased risk.
3. I must be at least 18 years of age to take this product.
4. If allergic symptoms and/or reactions develop, I am to discontinue use.
5. People with chronic liver and/or kidney dysfunction should not take frequent B-12 injections.
6. I should seek medical attention immediately if any severe side effects, including, but not limited to, severe allergic reactions (hives, difficulty breathing, tightness of chest, swelling of the mouth, face, lips or tongue), or lower back or side pain occur while using B-12 injections.

I acknowledge that I have carefully read and fully understand all of the above information. I assume sole responsibility and hold Transformations International, Inc., harmless for any, and/or all, reactions or side effects that may be experienced while taking the B-12 injections.

(patient's legal name)

(date)

(witnessed by)

(date)

PATIENT MEDICATION CONSENT FORM

- 1) I _____ (patient and/or patient's guardian), authorize Transformations Medical Weight Loss, to assist me in my weight reduction efforts. I understand my treatment may involve, but not be limited to the use of appetite suppressants, and when indicated, in different doses than the dose advised in the appetite suppressant labeling.
- 2) I have read and fully understand the following statements:
- Medications, including the appetite suppressants, have labeling arranged between the makers of the medication and the FDA. This labeling contains, among other things, suggestions for using the medication. The appetite suppressant labeling suggestions are generally based on shorter-term studies (up to 12 weeks), using the dosages indicated in the labeling.
 - Transformations Medical Weight Loss and their physicians, have found the appetite suppressants helpful at times in slightly higher doses than those suggested in the labeling. Physicians are not required to use the medication as the labeling suggests. However, they do use the labeling as a source of information, along with the years of Transformations' experience, the experience of their colleagues, recent longer-term studies, and recommendations of university based studies. Based on these findings, they have chosen when indicated, to use the appetite suppressants at times in increased doses.
 - Such increased dosage has not been as systematically studied, as that suggested in the labeling. Therefore, the safety and efficiency of this therapy for weight loss has not been established.
- 3) I fully understand this authorization is given with the knowledge that the use of appetite suppressants in general, as well as in different doses than the dose indicated in the labeling, may involve risk(s) and/or adverse reaction(s). The more common include: nervousness, sleeplessness, headache, dry mouth, weakness, tiredness, psychological problems, medication allergies, high blood pressure, rapid heart beat, and heart irregularities. The less common, but possible risks are: primary pulmonary hypertension and valvular heart disease. These and other possible risks could be serious or fatal.
- 4) I have carefully read and fully understand all the above information, and acknowledge the possibility of all risks using the medications, even at different dosages, in this program. I therefore assume full responsibility, and hold Transformations Medical Weight Loss and their physicians, harmless to any, and/or all, reactions or side-effects experienced while taking any said medications. I realize I should not sign this form if all items have not been fully explained, or if any questions I have concerning this consent have not been answered to my complete satisfaction.

(patient or person with authority to consent)

(date)

(witnessed by)

(date)